



## Services Include:

- ❖ Information
- ❖ Referrals
- ❖ Support
- ❖ Advocacy
- ❖ In-home visits
- ❖ Answers to commonly asked questions
- ❖ Personal consultation

Services provided are  
confidential



## Community Resources

**Adult Abuse Reporting:** 800-652-1999  
**Aging Partners:** 402-441-7070  
**American Red Cross:** 402-441-7997  
**Catholic Social Services:** 402-474-1600  
**Cedars Youth Services:** 402-434-5437  
**Center for People in Need:**  
402-476-4357  
**Child Abuse Reporting:** 800-652-1999  
**City-County Health Department:**  
402-441-8000  
**Commission on Human Rights:** 402-441-7624  
**Community Action:** 402-471-4515  
**Consumer Credit Counseling Services:**  
402-391-2479  
**Drug Crisis Line:** 402-475-5683  
**Friendship Home:** 402-437-9302  
**Gathering Place:** 402-476-7398  
**Good Neighbor Center:** 402-477-4173  
**Health and Human Services:** 402-441-7000  
**League of Human Dignity:** 402-441-7871  
**Nebraska legal Services:**  
402-435-2161  
**Non-Emergency Police Number:**  
402-441-6000  
**One Stop Employment Solutions:**  
402-441-7111  
**People's City Mission:** 402-475-1303  
**Voices of Hope:** 402-475-7273  
**WIC Programs:** 402-8655

Get Connected, get help with 211

<https://www.ne211.org/>

Download the following link for easy access to  
community resources

<https://lincolnne.mylnk.app/categories>

# Lincoln Housing Authority Family Support Program



**Carrie Kuszak**  
**Family Support Specialist**  
**(402)434-5530**

**Lincoln Housing Authority**  
**5700 R Street**  
**Lincoln, NE 68505**

**This free service is available to all participants of Lincoln Housing Authority programs as a means of helping individuals and families retain their housing benefits.**



**The primary goal of the Family Support Program is to assist individuals and families with short-term case management and referral services.**

### **requently Asked Questions:**

Q: How do I access the program?

A: Call the Family Support Specialist, Carrie Kuszak, at the main LHA Office at (402)434-5530

Q: How can the program help me?

A: The goal of this program is to help participants have an improved quality of life. This is done by helping to educate individuals on resources available and assisting participants in accessing them.

Q: What does the Family Support Specialist do for me?

A: Advocate, educate and provide support while addressing current barriers which may directly or indirectly influence housing and the quality of life concerns.

Q: How long can I be involved in the program?

A: There is no set length of time involvement. However, the program is designed to be short-term and to address immediate needs and concerns that arise.

Q: How does it work?

A: An individual or family can access the program two ways. First, the individual or family can be referred to the program by LHA Staff, community agencies, and friends or family members. Second, participants can contact the Family Support Specialist. Once the referral is made, the Family Support Specialist contacts the person(s) referred to meet with them. During this meeting, areas that need to be addressed are identified and basic referrals are made. In some cases, the Family Support Specialist will meet with the individual/families several times and assist with referral follow-up.

